

CLENCHWARTON
Your Village News
October 2025





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SATURDAY

15th NOVEMBER

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Welcome to your Magazine

This is a monthly magazine and contains adverts from local businesses near you, village and church news and “what’s on in the village” as well as articles from our parishioners and the community. We hope it is a valuable resource for newcomers to the village as well as our long-standing residents.

St Margaret’s Church Clenchwarton (OPEN 10am – 4pm every day)

**Rector: Reverend Barbara Burton
01945 781228**

Churchwardens:

Debra McGowan – 01553 773467
warden@clenchwarton-church.org.uk
Andy Taylor – 07939 055031

Parish Safeguarding Officer:

Jan Taylor – 07725 940453

Please contact Debra McGowan for Baptisms, Marriages, etc.

**St Margaret's Parish Church, Church Road, Clenchwarton,
Kings Lynn, PE34 4EA**

<https://clenchwarton-church.org.uk>

Contact your magazine

Editor: Grahame Sampson: 01553 769819
grahamesampson@btinternet.com
or drop off at 18 Margaretta Close, Clenchwarton.

All other enquiries and advertising enquires:
Debra McGowan: 01553 773467
warden@clenchwarton-church.org.uk

The advertising and magazine subscriptions help keep the magazine in print and provides some funds towards church projects. If you can help with the magazine please let either Debra or Grahame know.

**We need your articles in by 14th OCTOBER for the
NOVEMBER edition**

CLENCHWARTON

Your Village News

From the editors:

We are determined to make this magazine an inclusive voice for our entire community.

We welcome all contributions, however modest, on the understanding that we will not publish any offensive material, and may have to edit articles for reasons of space.

The views expressed in this magazine are those of the contributors.

GS; DM; AJT; JT

WELCOME TO THE OCTOBER EDITION OF YOUR VILLAGE NEWS.

It seemed as if Autumn was with us all of a sudden, then we had lovely weather for a few days, albeit with a rather chilly wind. And what about the glut of apples we have all had!! There must be many freezers in the village all groaning with apple pies and crumbles. In this edition you can read about the traditions and food associated with the month of October; all the many events in the village in the forthcoming months; Debra's fascinating memories from her childhood in London, and much

more.

Jan

SOME AUTUMN QUOTES

"Every leaf speaks bliss to me, fluttering from the autumn tree" – Emily Brontë

"Life starts all over again when it gets crisp in the fall" – F. Scott Fitzgerald

"Autumn shows us how beautiful it is to let things go" – Unknown

"No spring nor summer beauty hath such grace as I have seen in one autumnal face" – John Donne

Front cover main photo: Henry Johnson

Small top photo: Jan Taylor



**Coffee Morning
at St Margaret's Church
Every Thursday between 10-12 noon**

Do come along for a drink and a friendly chat.
Come and meet a wonderful group of Ladies and
Gentlemen joining us every Thursday.

Please contact Debra (01553 773467) if you require
transport to get to any coffee morning.
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St Margaret's Church Services in October



- Sunday 5th Oct** 10am HARVEST FESTIVAL service led by Revd. IAIN OSBOURNE *see page 13 for details*
- Sunday 12th Oct** 10am Morning Prayer with hymns, led by a Churchwarden
- Sunday 19th Oct** 10am Holy Communion service led by Revd. Barbara Burton
- Sunday 26th Oct** 10am Morning Prayer with hymns, led by a Churchwarden

Please note the times of all services.

ALL VERY WELCOME at all our services, whatever your age.

Methodist Chapel Services in OCTOBER



- Sunday Oct 5th** Rev Jackie Goddard Holy Communion
- Sunday Oct 12th** Angela Bishop Harvest Festival
- Sunday Oct 19th** Rev Jackie Goddard Church Anniversary when we will be joined by Terrington St Clement Chapel
- Sunday Oct 26th** Sheila Johnson

All of the services start at 10.30am. All are welcome to join.

We have a number of guests from the past in our anniversary service who remember their times at the chapel and events they remember. Come along and bring your memories.

Walking Group - Saturday OCTOBER 11th



The next walk starts at 9.30am from the village school on Saturday October 11th. Anyone can join us. There is no cost.

The Clenchwarton Talk - all talks start at 2.30pm

- Sat October 18th** "The Public Artworks of North-East England – there's more than the Angel of the North" by David Hutton
- Sat November 15th** 'The Environment' by Michael De Whalley

A while ago we had a talk on surnames and there will be another one, but plenty of research needs to be done before the talk can take place. If you would be interested in knowing what a particular surname means and from where it is most likely to originate, please write with details of the surname or names to 18 Margareta Close or email me at grahamesampson@btinternet.com. Thank you.

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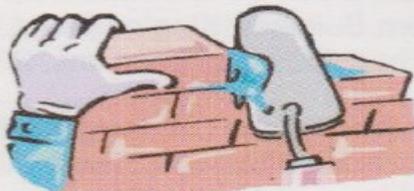
FUTURE EVENTS AT THE METHODIST CHAPEL

Please note: There will be no Chapel Quiz in October as we will be supporting the quiz at the church. Please support us by coming to the November Quiz on Friday 7th November at 7.00pm. Thank you.

Coming up:

- Craft Fair 8th November 10.00am - 2.00pm. Amongst the exhibitors will be a good as new baby clothes stall so if you know an expectant or new mother please pass on the word
- Wreath Making 28th November. Wreath Making at the Chapel There are limited numbers. Tel no for contact is Rhoda on 07917 652757
- Christmas Concert 6th December
- Christingle Making Workshop Saturday 20th December – ideal for young folk.

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Clenchwarton Art Club Open Day

Meeting fortnightly at Clenchwarton Methodist Chapel Hall, we are artists who paint for pleasure and company when we chat and help each other to grow our talents and styles. We use different mediums such as pastel, pencil, water-colour, acrylics and try out other mediums as well. Occasionally we take trips out to art galleries and weather permitting, we have been known to take our easels out to other venues for “open air” painting!

We would like more members and welcome anyone who would like to join us and “have a go”. Our current fee is £10 a session which is from *10.30am - 2.30pm on Tuesdays. **We will be meeting again on Tuesday 7th October** starting with a free Open Day session for anyone who would like to find out more, and then fortnightly thereafter.

***Please note amended session time.**

If you are interested and would like more information please ring:

Stephanie 07792 677891

Daphne 07786 672269

Elsbeth 07882 934553

We would love to hear from you.



EVENTS AT THE METHODIST CHAPEL

Coffee Morning Tuesday: 7th October 10.00am-12.00am

Prayer Group: Every Tuesday 9.00am-10.00am

Story Cafe Sunday: 12th October 6.30-8.30pm

Coffee & Craft: 3.00pm on every fourth Saturday during the year.

Talk: 2.30pm Saturday October 18th.

Also coming up:

Craft Fair: 8th November 10.00am-2.00pm. Amongst the exhibitors will be a good as new baby clothes stall.

Wreath Making: 28th November Limited numbers – contact Rhoda on 07917 652757.

Christmas Concert: 6th December

Christingle Making Workshop: ideal for young folk.

Christingle Service : Sunday 21st December 10.30am

**DIARY OF EVENTS in CLENCHWARTON and surrounding area for
OCTOBER**



Save
the
Date

**EVERY THURSDAY 10am - 12 Noon
COFFEE MORNING at St MARGARET'S CHURCH
ALL WELCOME**

- Thurs 2nd 10am - 12pm **Coffee Morning** at St Margaret's Church
- Tues 7th 10.00am **Coffee Morning** at the Methodist Chapel
- Tues 7th 10.30am - 2.30pm **The Art Club** starting with a free Open Day Session. *See page 11 for more details*
- Thurs 9th 10am - 12pm **Coffee Morning** at St Margaret's Church
- Sat 11th 9.30am **Walking group.** *see page 8 for details*
- Sun 12th 6.30pm—8.30pm **Story Cafe** Methodist Chapel
- Thurs 16th 10am - 12pm **Coffee Morning** at St Margaret's Church
- Sat 18th 2.30pm **The Clenchwarton Talk** *see page for 8 details*
- Thurs 23rd 10am - 12pm **Coffee Morning** at St Margaret's Church
- Fri 24th 3pm **Coffee and Craft** Methodist Chapel
- Sat 25th 6.30 / 7pm **Quiz** St Margaret's Church *see page 13 for details*

**IF YOU WOULD LIKE YOUR EVENT OR GROUP PUBLICISED HERE PLEASE SEND
DETAILS TO GRAHAME SAMPSON grahamesampson@btinternet.com
or drop off at 18 Margareta Close, Clenchwarton**

NEWS FROM ST MARGARET'S - LOOKING BACK

This has been a quiet time for St Margaret's after all the lovely things going on over the past few months. Sadly our Pet Blessing service was not well attended but all those who did come said how much they (and their pets) had enjoyed it. I suspect the pets enjoyed being made a fuss of!

However we have much to look forward to in the coming months as can be seen by our calendar on the next page.

ST MARGARET'S CHURCH EVENTS CALENDAR

- Sun 5th October** **HARVEST FESTIVAL SERVICE WITH HOLY COMMUNION 10am.** All fresh produce welcome, which will be auctioned at the end of the service. Proceeds will go to the local farmers 'Farming Community Network Charity'. Everybody welcome.
- Sat 25th October** **QUIZ NIGHT 6.30pm for 7pm start.** £5 per person. 6 people max per team. In church. Coffee/tea and snacks available. **Tickets on the door.** Contact Jan 07725 940453. **TIME TO START PUTTING YOUR TEAMS TOGETHER! IF YOU DON'T HAVE A TEAM - DON'T WORRY - WE CAN PUT YOU WITH ONE!**
- 9th November** **REMEMBRANCE DAY SERVICE 10.45am in church**
- Sat 15th November** **WINTER CRAFT FAIR 10am – 2pm in church**
£5 per table. Free entry to the public. Refreshments available. Contact Debra 01553 773467
- Sat 13th December** **10am - 12 noon CHRISTMAS FLOWER ARRANGING WORKSHOP** 10 Places available. £10 per person. In church. Contact Vera 01553 774698
- Wed 24th December** **4pm CHRISTINGLE SERVICE**

Further details in the November magazine

AUTUMN LEAVES THIS YEAR. Autumn leaf colours are expected to be particularly vibrant in the UK in 2025, with early displays from mid-September lasting well into November, due to a very warm and sunny summer producing more sugars in the leaves. However, this could also be influenced by a 'false autumn' where trees, stressed by the record-breaking heat and dry conditions of spring and summer, shed leaves early as a survival mechanism, even though true autumn has not yet arrived. Peak autumn colours are generally expected from mid-October to mid-November, though this varies by tree species and location.



From the Little Yellow Smart Car

Revd. Jackie Goddard

j.goddard@methodist.org.uk (07881 952098)
(Clenchwarton & Terrington St Clement Methodist Churches)



October 24th is United Nations' Day and this year marks 80 years of the UN Charter. As World War II came to an end, 51 countries agreed the UN Charter as a way forward. On June 26th, the Charter was signed and in October, it became a binding commitment. *"WE THE PEOPLES OF THE UNITED NATIONS*

DETERMINED to save succeeding generations from the scourge of war, which twice in our lifetime has brought untold sorrow to mankind, and to reaffirm faith in fundamental human rights, in the dignity and worth of the human person, in the equal rights of men and women and of nations large and small, and to establish conditions under which justice and respect for the obligations arising from treaties and other sources of international law can be maintained, and to promote social progress and better standards of life in larger freedom, AND FOR THESE ENDS to practice tolerance and live together in peace with one another as good neighbours, and to unite our strength to maintain international peace and security, and to ensure, by the acceptance of principles and the institution of methods, that armed force shall not be used, save in the common interest, and to employ international machinery for the promotion of the economic and social advancement of all peoples."

Eighty years later, there are 193 member states, and the world needs the unity of purpose for peace, justice, and valuing people just as much.

"Love your neighbour as yourself." A man comes to Jesus and asks what the most important commands are. Jesus replies, 'Love God with everything that you are and love your neighbour as much as yourself.' Cooperation is a global necessity; strong communities learn to walk together with contradictory convictions and grow through mutual respect.

God of love, let peace come on earth and let it begin with us. May our villages build unity and good neighbourliness, where all are loved. Amen

Every blessing
Revd Jackie Goddard

PASTORAL LETTER

Reverend Barbara Burton writes.....



St Luke's Day falls on 18th October 2025. St Luke is the patron saint of doctors, artists and writers, and St Luke's Day is observed by various organisations and communities, especially those involved in healthcare. St Luke was a physician who became one of the earliest Christian missionaries. His writings in the Bible are said to be based on eye-witness accounts, and have themes of mercy, healing and the importance of compassion. He strongly emphasised Jesus' concern for the poor, women, sinners and social outcasts. All this can be summed up in one word - "empathy".

Unfortunately, there appears to be a decline in compassion and empathy in modern society, as people become more socially isolated, with a focus on individual success over our collective well-being. The rise of social media and online communication has led to less face-to-face interaction and a weakening of community bonds. This would have appalled St Luke, who believed so much in the importance of us caring for each other. We are growing a society full of disrespect, alienation and loneliness.

Each of us can play our part in reversing the trend. Get involved in the community. Talk to each other. Get to know your neigh-

bours. Be gentle and caring of other people. If we all try to do just a little each day it would make our world a much nicer place to live in – much more



Actual Announcements from Church Bulletins

- All singles are invited to join us Friday at 7 p.m. for the annual Christmas Sing-alone."
- Thursday night – potluck supper. Prayer and medication to follow.
- The rosebud on the altar this morning is to announce the birth of David Alan Belzer, the son of Rev. and Mrs. Julius Belzer.
- A bean supper will be held on Tuesday evening in the church hall. Music will follow.

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CHRISTMAS FLOWER ARRANGING WORKSHOP



SATURDAY 13th DECEMBER

10am - 12 noon

in St Margaret's Church

Tickets £10

Places limited

Contact Vera Osborne on 01553 774698

Parish Councils minutes of the meeting of 3rd July

In the August edition of this magazine, I reported on the Parish Council meeting of 3rd July.

To agenda item 10 – Football, I wrote – 'Considerable discussion took place regarding getting to a point where a formal hire agreement with the football Club is in place. Cllr Thornalley wanted to ensure this matter is resolved prior to the start of the football season and requested a further meeting be arranged'.

The minutes of the meeting as published on the Parish Council website (<https://clenchwartonparishcouncil.gov.uk/meetings/>) state the following:

“10 Football

10.1 Agreement

10.2 Container

Both Items were taken together. It was resolved for the locks to be changed if payment had not been received by the 1 August for rent arrears. There was a Charge added of £100 per year per container for ground rent. No new container could be placed on the field without permission of the Council, the colour, size and position would be required so that the Council could debate. Any additional cuts of the field would be undertaken by the council approved contractor and charged to the football club at £100 per cut per field. The front field is not used on a Sunday and only one field to be used at any one time and there would be a yearly rent review.”

This minute is inaccurate. No formal resolution was passed. There was no proposer and no seconder, and no vote taken.

I stand by what I wrote and, as a Parishioner, am concerned that minutes of meetings should accurately reflect what happened.

Andy Taylor

September Parish Council Meeting

We regret we are unable to bring a report of 4th September because of holidays and illness at that time.

County Councillor's Report by Alexandra Kemp

West Lynn Riverbank Footpath Surfacing

A major infrastructure project begins. All obstacles swept away. A victory for community power. Norfolk County Council's Norse contractors started work surfacing the bare earth on the Riverbank, from West Lynn Football Field to the Freebridge on Friday 12 September, for a long-awaited, more sustainable walking route into Lynn for the local community. Safer, disability compliant and family friendly. This is a £287,000 project. We won the funding, after a hard fought local campaign, overcoming countless hurdles. The funding comes from the Borough Council's Community Infrastructure Levy Fund, plus £5,000 from my County Councillor Member Highways Budget. I drafted the first funding application, and obtained local and regional EA consent to the Flood defences work last July. The project was managed by County Hall. Making residents lives better is the raison d'etre for local government.

I was on the phone to the Environment Agency every day over the Summer. The work should have started this July. But the Government changed the Environment Agency's Flood Permits from a local to a national scheme this March, causing chronic delays. We had to tell the EA everything twice. This is what can happen, when locally run serviced government are centralised. But common sense has finally won.

Norfolk Fire Rescue Service

Today I scrutinised the Fire Rescue Service Community Engagement Management Plan (CEMP), asking questions of the Chief Fire Officer and her team, in my role on the County Council Strategic and Corporate Select Committee. I have great affection for the Fire Rescue Service, the dedication and selflessness of firefighters, who never know what risks they are going to face.

Norfolk County Council runs the Norfolk Fire Rescue Service. The FRS' primary aim is to keep Norfolk safe. To Respond to fires in homes, commercial premises and the open air. To growing risks like wildfires, flooding, ford rescue, animal rescue, road accidents, emerging fire risks from Battery Energy Storage Systems (BESS), the malcharging of e-bikes, the unsafe disposal of vapes in bins. Not just Respond, but Prevent, Protect through regulation of fire safety in Care Homes and Commercial Premises, and Educate to mitigate the risks.

Continued on page 22

My first questions, were to establish there are no plans to reduce the numbers of firefighters, fire stations or fire engines. To ask about the focus on vulnerable groups. There are 134,000 Norfolk Residents living in deprived, mostly urban areas, where there are heightened risks of fire.

The FRS identifies residents at risk, with the Adult Social Care Department, and provides Home Safety Visits. I asked about the new Personal De-Mister Units, for Care Home and Sheltered Housing residents. This is an alarm and fire-suppressant, for people with reduced mobility.

I asked about plans to improve infrastructure and to introduce a new Hot Training Unit in Norfolk.

Norfolk Fire Rescue Service Prevention work includes young people at risk of fire-setting, young drivers aged 17- 24, and older drivers. As a First Responder, the FRS works with the East of England Ambulance Service, literally opening doors before the Ambulance Service arrives.

The Crucial Crew goes into Schools. I was very impressed to hear the improved outcomes since the FRS has co-responded with the Ambulance Service at cardiac arrest incidents. The 30 day survival rate for cardiac in Norfolk has increased to above the National Average.

Careers in the Fire Rescue Service can be whole-time, or on-call. There is special need to recruit more women to Norfolk FRS. The CEMP report goes to Cabinet and out to public consultation in the near future.

Local Government Reorganisation in West Norfolk

It's crunch time for the future of the way we govern ourselves in Norfolk. I am increasingly uneasy about the viability of any of the proposed change options. All the options will all cost money and put the smooth running of services at risk. Norfolk County Councillors will vote on 25 September, whether to submit to Government the 200 page proposal to sweep away all the District Councils in Norfolk - where local government first started and evolved, over 800 years of history in our market towns - and replace them with just one Council in Norfolk - in Norwich. We need a strategic authority in Norfolk to run the big ticket services like Adult Social Care, Children's Services, and Highways. But not just one Council. Lynn has the right to self-government, given by royal charter, and no government should take it away. Local Government should be local, visible and rooted in the community. The Government is wrong to expect Parish Councils to take over running more public services, without the

Continued on page 23

support and staff that the other tiers have. Major reorganisations of local government seldom save money or solve financial problems. They do disrupt staff and service and cause delays. Norfolk does not need LGR. Let's work to improve the structures we have.

King's Lynn Transport Plan goes out to public consultation on 25 September. Do take part, when the consultation hits Norfolk County Council's website. Or call 0344 800 8020 for a paper form. I had Clenchwarton Cycle Path put in the new Plan, but County Hall has got it wrong - it says improve maintenance, but also needs to say widen too.

Kind regards,
Alexandra

County Councillor Alexandra Kemp
County Division: Clenchwarton and King's Lynn South Norfolk County Council, including South Lynn, West Lynn, Clenchwarton, West Winch, Setchey
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Memories - Part 4 by Debra McGowan

While we lived in Rayners Lane, we would go to Saturday Morning pictures at our local cinema every week. It was packed! All kids, no adults. They probably could not stand the noise! We would watch Batman and Robin, The Lone Ranger, Flash Gordon along with different cartoons. My favourite was Tarzan played by Johnny Weissmuller; he was an Hungarian born German American Olympic swimmer, water polo player and actor. He was best known for having one of the most competitive swimming records of the twentieth century. He set world records alongside winning five gold medals in the Olympics. In every film he would do an amazing high dive off a cliff into the river. We would stamp our feet when the baddies appeared and whistle and cheer at the good guys. Some of the larger cinemas like the one at Harrow would have a disco after the films had finished, it was all great fun.

Another thing that we all loved to do was when our mum would pack a picnic and take the three of us by bus to Harrow on the Hill. The church at the top of Harrow on the Hill in Middlesex is the Parish and Borough Church of St Mary. It is the highest building in Middlesex and its spire is a prominent landmark. The church was consecrated in 1094 by Saint Anselm and is surrounded by Harrow School. What we kids loved to do was to roll down the hill in the long grass. It's funny but it wasn't until years later that I found out that a lot of my friends that lived in the area used to do the same thing. Simpler times!.

Memories of Primary School by Isobel

This month's memory is from Isobel who is currently in year 8 at Secondary School and attended Clenchwarton Primary School.

Primary School seems like a distant chapter in my life, where the smallest moments seem to hold so much weight. I left primary over a year ago but I will always carry my memories, because I remember every bit; different stages, different years and different levels. They were all the best years, and all happy. Now I am in year 8, still missing primary.

Singing, laughter, lunchtime was unforgettable but Clenchwarton primary is still and forever in my heart, like the tiny moments to the big ones. I can't say much about my early years, but highlights are still here. What I am saying is, if you go there, live it and don't wish it away, because soon enough you will be in year 8 doing boring work, wishing you were back in reception.

Continued on page 29

Memories of Primary School cont from page 28

Hilltop is one of my favourite things I did in primary school. It was four nights sleepover with class 6, where we did so many activities. The room I was in was great. The people I had with me, and my teachers and friends, were the most supportive people there! My favourite thing was the treetop trail, so much fun but quite scary!

A SOUP RECIPE FOR CHILLY AUTUMN DAYS

by Jan Taylor

(and it uses up the bits of pumpkin you have carved out to make faces, and is absolutely delicious). This was given to me years ago by a friend.

Ingredients

1 medium pumpkin
1 large onion
2 medium potatoes
2 carrots
2 tbsp oil
½ oz (14 gm) butter
1 tsp ginger
1 tsp ground cinnamon
1 ¾ pt (1 litre) chicken stock
8 fl oz (0.22 litre) milk
1 tbsp honey
Paprika, salt, pepper, cumin to taste

Method

Chop vegetables and sweat in oil, ginger, cumin and butter for 5 minutes. Add stock and milk. Cook until soft. Add salt etc to taste. Liquidize. Serve with crusty bread.

Nature Watch by Debra McGowan

We never used to get House Sparrows visiting our bird table, they never seem to be this side of the village. Then about four or five years ago they began to appear slowly making their way up Black Horse Road until eventually reaching our garden. Before the House Sparrows arrived, and they did so in great numbers, about twenty-five to thirty, all the other birds gradually stopped coming!

I can only think that the quick flocking movements and noise that the House Sparrows make is off putting to the other birds. The only birds that haven't been put off by the Sparrows are the Dunnocks, Robins, Blackbirds and of course Pigeons and Doves.

We stopped feeding the birds during the summer because there was so much natural food available, so the Sparrows headed off into the fields with the other birds looking for grain, seeds, as well as fruit and berries. Since the Sparrows are still missing at present some of the other Finches and Tits have returned to the garden.

The Starlings are a bird that have also disappeared from our gardens at the moment, but will return in the spring. In the spring their numbers rise with the influx of European Starlings coming over, they nest in our roof alongside the House Sparrows. They are very entertaining with their noise and squabbling, mainly because we have a bird bath on the floor near the bird table and watching all the Starlings trying to squeeze into it at the same time is hilarious.

Another permanent visitor to our garden is the Sparrow Hawk, she hunted the birds in our garden long before the sparrows made it here. I believe that the Hawk is a female because pigeons have always been her main prey, she is often responsible for the piles of pigeon feathers found in the church grounds.

Female Sparrow Hawks can be 25% larger than males - the biggest size difference in any bird. The male being somewhere between a Blackbird and a Collared Dove in size.

They are ambush hunters mainly feeding on small birds such as finches, sparrows and tits. Our gardens are the perfect hunting grounds for them with plenty of cover. Sometimes they ambush their prey from a perch, while other times they may fly low, suddenly changing direction to fool it. By taking out small birds that are slow or weak they keep the population healthy.

See page 39 for some Nature Watch photos.

DID YOU KNOW.....

October in the UK is marked by traditions such as the celebration of Halloween, which involves pumpkin carving, apple bobbing, and costume parties, rooted in the ancient Celtic festival of Samhain. It also traditionally includes Harvest Festivals, acknowledging the year's bounty and the transition to winter. Specific events like the Nottingham Goose Fair, a large traditional fair, and the London Film Festival also take place. Seasonal foods, such as game, root vegetables, and seasonal fruits like apples and pears, are also a prominent part of the month's traditions.

Halloween & Samhain

Origins: Halloween's roots are in the Celtic festival of Samhain, which marked the end of the harvest and the beginning of winter, a time when the veil between the living and spirit world was believed to be thin.

Practices: Traditions include carving faces into turnips (or pumpkins in modern times) and lighting them with candles to ward off evil spirits. Children go "trick-or-treating," a practice borrowed from the US.

Games: Apple bobbing is a classic tradition where participants use their mouths to grab apples from a water-filled tub. *See page 29 for Pumpkin Soup recipe*

Harvest Festival

Purpose: These festivals celebrate the end of the growing season and express gratitude for the year's harvest, particularly grains, fruits, and vegetables.

Activities: Celebrations often include feasting, music, and dancing.

Seasonal Foods & Drink

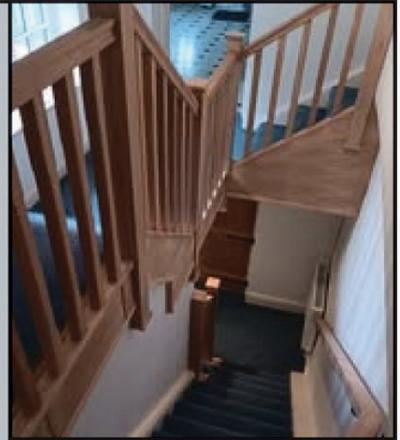
Produce: The harvest brings seasonal ingredients like apples, pears, root vegetables, and wild mushrooms.

Game: The game season begins in October, with heartier dishes like stews and pies becoming popular.

Cider: Apples are also used for making cider, a traditional autumn drink.

Nottingham Goose Fair:

This historic travelling funfair dates back to the 13th century and takes place in early October, originally famous for its geese.



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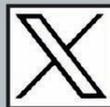
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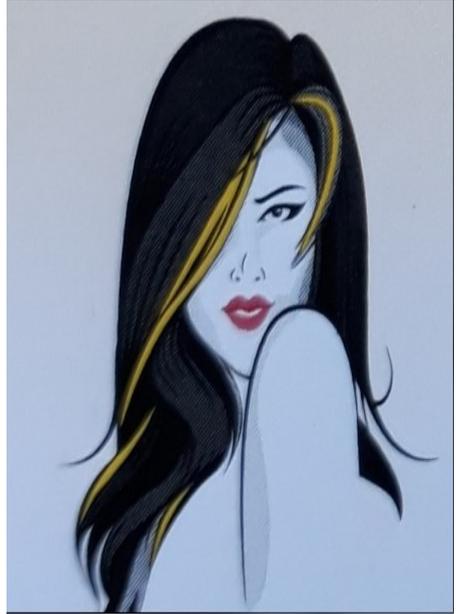
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St Margaret's Church has a box, near the font, for donations to the food bank in Kings Lynn. They currently need: Strong carrier bags (to take food home in); Tinned Meat; Puddings; Tinned Fruit; Coffee; Tinned Fish; Pasta Sauce; Deodorant; Washing Powder. If you feel you can donate any of the above items, please leave them in the marked box.

The Food bank staff and recipients are always extremely grateful. There is a thank you card on the notice board in the porch. Thank you.



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Rookery Close 10.20-10.35

Rectory Drive 10.40-10.50

St Annes Crescent 10.55-11.10

Linford Estate (1) 11.15-11.30

Hall Road opp. no 28 11.35-11.50

Black Horse Road 13.00-13.20

Wildfields Close 13.25-13.45

36 Station Road 13.50-14.10

St Peters Road (1) West Lynn 14.25-14.45

St Peters Close/Cedar Way 14.50-15.10

19 Ferry Road West Lynn 15.15-15.35

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Puzzle Page. (Answers on page 5)



The answers are all trees

- 1 It is evident this tree can fly.
- 2 Once the Headmaster gave this punishment.
- 3 The remains from a fire?
- 4 A well-known hill in Norwich.
- 5 Sounds like a sandy shore.
- 6 Forester's naval hero loses his whistle but gains a radiant smile.
- 7 Sounds like an animal's coat.
- 8 Suburb in East London near Bow.
- 9 Sounds like it is not me so it must be ...
- 10 He has a mania about huge containers. Perhaps they are full of tea?

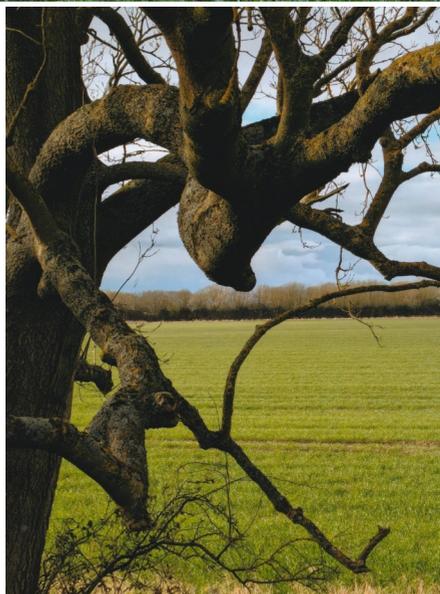


NATURE WATCH
PHOTOS by Debra
McGowan

The Sparrow Hawk,
watching her prey, and
the noisy Starlings having
a bath.



More photos from our
photo competition last
April: 'Frosted Holly' by
Caroline King; and
'Ancient trees on the old
seabank' by Stephanie
Gallier.





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