

# CLENCHWARTON

## Your Village News

**JUNE 2024**





SOME OF THE MEMBERS OF THE ART CLUB – see page 11



PAUL BRANDON - see article on page 20

THE LOVELY DOUBLE RAINBOW OVER OUR VILLAGE RECENTLY . THANK YOU TO THE GENTLEMAN WHO SENT THIS IN (Sorry - I don't know your name!)



## **Welcome to your Magazine**

This is a monthly magazine and contains adverts from local businesses near you, village and church news and "what's on in the village" as well as articles from our parishioners and the community. We hope it is a valuable resource for newcomers to the village as well as our long-standing residents.

## **St Margaret's Church Clenchwarton Rector: Reverend Barbara Burton 01945 781228**

### **Churchwardens:**

Debra McGowan – 01553 773467  
[warden@clenchwarton-church.org.uk](mailto:warden@clenchwarton-church.org.uk)  
Andy Taylor – 07939 055031

### **Parish Safeguarding Officer:**

Jan Taylor – 07725 940453

Please contact Debra McGowan for Baptisms, Marriages, etc.

**St Margaret's Parish Church, Church Road, Clenchwarton,  
Kings Lynn, PE34 4EA**

<https://clenchwarton-church.org.uk>

## **Contact your magazine**

Editor: Grahame Sampson: 01553 769819  
[grahamesampson@btinternet.com](mailto:grahamesampson@btinternet.com)  
or drop off at 18 Margaretta Close, Clenchwarton.

All other enquiries and advertising enquires:  
Debra McGowan: 01553 773467  
[warden@clenchwarton-church.org.uk](mailto:warden@clenchwarton-church.org.uk)

The advertising and magazine subscriptions help keep the magazine in print and provides some funds towards church projects. If you can help with the magazine please let either Debra or Grahame know.

**We need your articles in by 14th JUNE for the JULY edition**

Please send to [grahamesampson@btinternet.com](mailto:grahamesampson@btinternet.com)

## CLENCHWARTON

### Your Village News

#### From the editors:

We are determined to make this magazine an inclusive voice for our entire community.

We welcome all contributions, however modest, on the understanding that we will not publish any offensive material, and may have to edit articles for reasons of space.

**The views expressed in this magazine are those of the contributors.**

GS; DM; AJT; JT

## WELCOME TO THE JUNE

### EDITION OF YOUR VILLAGE NEWS.

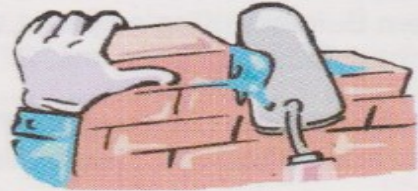
There is a lot going on in this village - you only have to glance at the diary of events on page 10 to see that. There are also other clubs not featured in this magazine - hopefully we will soon have their details.

As I write this the 'Singer's of Note' concert is almost sold out, and preparations are well underway for the BBQ - lets hope the rain doesn't get the better of us as it did last year!!

Happy reading. JT

*Front cover main photo: Mandy Edwards*

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4 My Fair Lady 5 Evita 6 The Student Prince 7 Jubi-  
lee 8 Joseph and the Amazing Technicolor Dreamcoat  
9 Les Miserables  
10 The Sound of Music.



### Coffee Mornings at St Margaret's Church

**Every Thursday between 10-12 noon**

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Thursday.

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### CONCERT

at St Margaret's Church

Church Road, Clenchwarton

Saturday 22 June 7 pm

Tickets: £10.00 – adults / £5.00 - U16s.

available on the door

or in advance from Jan and Andy Taylor (tel: 07939 055031)

*Singers of Note* is a four-part harmony mixed vocal group which performs fund raising concerts for local churches.

The wide-ranging programme features numbers from West End shows, melodic pieces and popular songs.

Musical Director Margaret Blenkin

Keyboard - Craig Torr

Electric Guitar - Chris Watson



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## St Margaret's Church Services during June

- Sun 2nd Communion Service led by Revd. Barbara Burton
- Sun 9th Morning Prayer with hymns led by a churchwarden
- Sun 16th Communion Service led by Revd. Barbara Burton
- Sun 23rd Morning Prayer with hymns led by a churchwarden
- Sun 30th **10.30am** Joint service at Walpole St Peter Church, Church Road, Walpole St Peter, PE14 7NS

All Church Services start at 10.00am unless otherwise stated  
**Everyone is welcome to our services no matter what their age.**

We look forward to seeing you

## Methodist Chapel Services in June

- Sun 2nd June 10.30am Cafe Worship
- Sun 9th June 10.30am at Terrington St Clement Chapel
- Sun 16th June 10.30am Worship Team
- Sun 23rd June 10.30am Jackie Goddard - Holy Communion
- Sun 30th June 10.30am Lesley Best



**Everyone is welcome to attend**

## JUNE EVENTS AT THE METHODIST CHAPEL

- 1st COFFEE AND CRAFTS 3 – 5pm
- 7th FRIDAY QUIZ NIGHT AT 7pm
- 15th TALK 2.30pm - "A WALK DOWN KING'S LYNN HIGH STREET" BY MIKE BROWN

**THE MONDAY BOARD GAMES MORNING HAS BEEN POSTPONED UNTIL THE AUTUMN - WATCH THIS SPACE FOR DATES**

Come along and meet new people, enjoy a natter, have a laugh!



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## **CLENCHWARTON ART GROUP**

On Tuesday 30th April we had an 'away day' at the Sainsbury Art Centre, Norwich. We spent the morning wandering around the ancient and modern artefacts and paintings. Then we had a lovely lunch during which we compared notes and opinions etc. before completing our tour. Everybody had a great day. See photo on page 2.



Our group meets every other Tuesday morning between 10am and noon, at the Methodist Chapel. Why not ring Elspeth on 01553 775698 with a view to joining us? See Diary of Events for dates on page 10.

# DIARY OF EVENTS in CLENCHWARTON and surrounding area for JUNE



EVERY THURSDAY 10am - 12 Noon  
COFFEE MORNING at St MARGARET'S CHURCH  
ALL WELCOME

- Sat 1st**     **3.00 - 5.00pm. Coffee & Craft** at The Methodist Chapel (Main Road). You are invited to bring your own craft and there is a free display.
- Fri 7th.**     **7.30pm Friday Quiz Night** at The Methodist Chapel Hall  
This will be a conventional team quiz. No entrance fee. Refreshments provided.
- Sat 8th**     **6.30pm Walking Group** starting from Clenchwarton School.
- Tues 11th** **Clenchwarton Art Group** . The Methodist Chapel (Main Road).
- Sat 15th**     **2.30pm The Clenchwarton Talks** "A Walk down the High Street". Methodist Chapel Hall  
Our speaker will be Town Guide Mike Brown. Entry is free. Refreshments are provided. Any donations are welcome.
- Sat 22nd**     **7pm CONCERT by 'Singers of Note'**. St Margaret's Church. N.B. **At the time of writing there are only 11 tickets left.**
- Tues 25th**     **10am - 12 noon Clenchwarton Art Group.** The Methodist Chapel
- Sat 29th**     **From 12noon onwards. BBQ** at Hadleigh Lodge, Black Horse Road in aid of church funds. Everybody welcome.

**TO ALL GROUPS IN THE VILLAGE:**

**IF YOU WOULD LIKE YOUR EVENT PUBLICISED HERE PLEASE  
SEND DETAILS TO GRAHAME SAMPSON  
grahamesampson@btinternet.com  
or drop off at 18 Margareta Close, Clenchwarton**



**FLOWER ARRANGING  
WORKSHOP**

**SATURDAY JULY 6TH**

**2pm – 4pm**

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**CONTACT**

**DEBRA MCGOWAN**

**01553 773467**

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## From the Little Yellow Smart Car

Revd. Jackie Goddard

[j.goddard@methodist.org.uk](mailto:j.goddard@methodist.org.uk) (07881 952098)  
(Clenchwarton & Terrington St Clement Methodist Churches)



*Prayer is the song of the heart (Kahlil Gibran)*

Kahlil Gibran, was a Lebanese-American writer, poet and visual artist. His most famous work, *The Prophet*, looks at life and searches for deeper understanding. The divine can be found through the work of the heart and the work of the heart is love.

Most religions stress the importance of prayer. Sometimes through daily routines, sometimes spontaneous; in quiet times we set aside, or the shared experience of community worship. Prayer may be delight and wonder, or anguish and struggle. There are no wrong ways to pray. Prayer, says Gibran, is a song, the melody of our hearts, opening up to the world around us, to the divine, and a way of expressing whatever is in our hearts and on our minds.

Jesus modelled prayer for his followers, and when they asked him to teach them how to pray, he gave them the words of the Lord's Prayer as a scaffold for their own prayers.

**Our Father** – the Divine, the one who loves us, our Creator, our Parent.

**In Heaven** – the great unknowable where all goodness is found.

**Hallowed be your name** – holy, wonderful, amazing God.

**Your kingdom come** – what you offer is better than what we are living.

**Your will** (of love, peace, joy, justice) **be done on Earth** – here, now.

**Give us daily bread** – sufficient for the needs of everyone everywhere.

**Forgive us and help us to forgive** – because we mess up and make mistakes, and need to know that we can be better.

**Keep us from trials and temptations** – because the world is chaotic, unpredictable and we get scared.

**Yours is the kingdom, power and glory** – God is constant.

I pray that the melody of your heart song is heard by our loving God.

Every blessing

Revd. Jackie Goddard

(For more information: <https://www.methodist.org.uk/faith/a-methodist-way-of-life/>)

# Pastoral Letter

*Reverend Barbara Burton writes.....*



A few years ago I visited Pensthorpe Nature Reserve, near Fakenham, and was fortunate to see something that is very rare – turtle doves.

The rarity of these beautiful birds (they are on the conservation red list), and the opportunity of seeing them and hearing the purring call that heralds summer, is something to cherish. Turtle Doves are mentioned in the Bible. When Mary and Joseph presented Jesus as a baby at the Temple they offered two turtle doves, the offering of the poor, in obedience to Jewish law.

Doves in general play a significant part in the Bible: Noah sent out a dove from the ark and it brought back an olive branch, signifying that it had found dry land and the flood was receding.

At the baptism of Jesus, the Spirit of God descended on him from heaven in the form of a dove. But best of all is the Song of Solomon, which is often read at weddings: 'For behold, the winter is past; the rain is over and gone. The flowers appear on the earth, the time of singing has come, and the voice of the turtle dove is heard in our land.'

Symbolic of faithful love and tenderness, the turtle dove features in literature and poetry. When 'the turtle trewe' in Geoffrey Chaucer's *The Parliament of Fowles* addresses the birds that have assembled on St Valentine's Day to choose a mate, she speaks to them of lifelong commitment in love.

Representative of peace, gentleness, faithful commitment, and lifelong love, and calling to mind the Holy Spirit, this is a special bird that graces and blesses Pensthorpe in summer with its presence and song. Do go and see them if you can.



# NEWS FROM ST MARGARETS



## LOOKING BACK

### Craft Fair

We were very pleased with the outcome from this, which made £209.70. There was a steady flow of people attending, all of whom made very favourable comments about the event. Did you miss it?? Our next Craft Fair is on 23rd November!

**Wooden Plinth and Communion Rails.** As you will be aware we now have a new wooden plinth in the sanctuary area of the church which covers the very damaged floor there. This needed oiling and we were extremely grateful to newcomer to the village, Suzanne Clark, who with Andy Taylor and Debra McGowan worked tirelessly to give the plinth three coats of Danish oil, which will protect the wood from wear and tear. Suzanne then sanded down and oiled the communion rails to bring them back to their former glory (they had become badly stained)

These rails were given to the church in memory of two people: Mark Overton and Mary Coates. Mark's plaque reads: *'To the Glory of God the Sanctuary Lamp was given by parishioners in memory of Mark Overton, killed in an accident in this village, 21st June 1982, aged 14'*. Mary's plaque reads: *'Treasured memories of Mary Coates. Long-time Organist and Choir member of this Church'*.

It was felt important that they were restored. Thank you to all three people.

## FOOD BANK BOX IN CHURCH

St Margaret's Church has a box, next to the font, for donations to the food bank in Kings Lynn. They currently urgently need: Strong carrier bags (to take food home in); Tinned Meat; Puddings; Tinned Fruit; Coffee; Tinned Fish; Pasta Sauce; Deodorant; Washing Powder. If you feel you can donate any of the above items, please leave them in the marked box.

The Food bank staff and recipients are always extremely grateful. There is a thank you card on the notice board in the porch. Thank you.



# ST MARGARET'S CHURCH

## EVENTS FOR 2024

**22nd June**



**CONCERT** in St Margaret's Church 7pm

Tickets £10 each (£5 U16) from Jan Taylor  
07725 940453 or on the door.

See page 19 for more details

**29th June**

**CHURCH BBQ AT HADLEIGH LODGE,**  
BLACK HORSE ROAD FROM 12 NOON.

Everybody welcome. Free entry. Food and  
licensed bar available

**6th July**

**FLOWER ARRANGING WORKSHOP**

in church 2pm - 4pm. Limited spaces so  
booking essential

**18th August**

**STRAWBERRY/CREAM TEA IN THE**  
CHURCHYARD (in church if raining).  
FROM 2.30pm

**21st September**

**RACE NIGHT** - in church.  
FURTHER DETAILS tba

**23rd November**

**WINTER CRAFT FAIR**  
In church 10am - 2pm.

**FOR FURTHER DETAILS OR TO BOOK A TABLE AT THE  
CRAFT FAIRS AND FLOWER ARRANGING WORKSHOP PLEASE CONTACT  
DEBRA MCGOWAN 01553 773467 or  
JAN TAYLOR 07725 940453**

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## LOOKING AHEAD WITH ST MARGARET'S

### CONCERT IN CHURCH 7pm Saturday 22nd June



We are privileged and delighted to host a concert by this fabulous Peterborough based ensemble, as they only do a limited number of engagements each year. Most of the company have taken many principal roles in shows, both amateur and professional, and have sung in church and other choirs. The repertoire for 'Singers of Note' comes from musical theatre, old standards, music written especially for choirs and some classical numbers as well. They all just love singing and are always very happy to share this with an audience.

Tickets are £10 each (£5 U16s) To avoid **disappointment (at the time of writing ONLY 11 TICKETS LEFT)** please buy your tickets in advance from Jan Taylor (07725 940453). **Don't miss this group!!**

**CHURCH BBQ. HADLEIGH LODGE, BLACK HORSE ROAD. Saturday 29th June FREE ENTRY. FROM 12 noon.** This BBQ is for everyone so please do come along. There will be a raffle, tombola, bric-a-brac and puzzle stall. Hot dogs, burgers, cakes, beer, wine, tea, coffee available to purchase - and hopefully there will also be warm sunshine!

If you have any unwanted gifts, or puzzles (please check they are complete first!) please let Jan know on 07725 940453 and she will arrange to collect them. We look forward to seeing you there.

**FLOWER ARRANGING Saturday 6th July.** Come and learn from retired tutor in floral arranging Vera Osborne. Spaces limited so booking essential from Debra McGowan (01553 773467)

**See diary of events for the church on page 17 for other events.**



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## *Catching up with* .... Paul Brandon

It was a delight to recently catch up with an old friend of the village, Paul Brandon. Paul lived in Clenchwarton for 30 years being the first to buy a plot on the Summerfield Estate in 1980, before moving to Wiggenhall St Mary Magdalen with his late wife Theresa. There will be few who can match his achievements, which is why so many still remember him fondly.

Paul is best known for his involvement in the political life of the village. He was encouraged to attend a PC meeting in 1987 where he witnessed one elderly councillor falling asleep during the meeting! However, through that meeting he caught the bug and stood for election the following year, when he topped the poll. So began 20 years of service. Before long he became the chairperson and what a difference he made! Some of his notable achievements included 'the Parish Constable Scheme' when we had our own two part time fully trained bobbies to tackle village issues; the 'Village Homes for Village People', when the parish council worked with the Lincolnshire Housing Association to build 8 new properties off Ferry Road (Benedict Close with these properties only available to tenants with village connections); installing 20 additional

footway lighting columns over a phased period, and encouraging the County Council to introduce traffic calming outside the school, including the construction of a car park off Hall Road, and supporting the residents of Jubilee Bank Road to stop the Anglian Water tanker lorries resulting in Millennium Way being built, and Jubilee Bank Road being closed at both ends.

Unsurprisingly Paul moved on to bigger things being elected as Borough Councillor in 1991 and serving for 16 years. Whilst a borough councillor, he had the honour of being the Mayor of King's Lynn and West Norfolk in 2004-5 and twice served as Deputy Mayor. His achievements were recognised when he was runner up in the national Mayor of the Year Award in 2005. He was also conferred with the title Honorary Alderman in 2008. He considers his best achievement as Borough councillor as initiating and driving forward the original 10k GEAR run which has been held annually since 2006.

What motivates people to give up their time to serve others? Paul's response reveals the man, 'I have always found it rewarding and it gives me personal satisfaction helping other people'. One of the highlights (if not the highlight) of his time in Clenchwarton was helping to organise the 1990 Clenchwarton Carnival, when the village commemorated the 40th Anniversary of the Battle of Britain, holding events over 3 days. Working with RAF Marham the weekend included a visit from Air Marshal Sir Denis Crowley-Milling who had been the wingman to Sir Douglas Bader during the battle.

So how does he spend his well earned retirement? He can often be found at Shouldham Sports & Social Club where he is Chairman currently overseeing a refurbishment of the club, spending £70k on improvements and waiting for the outcome of a £42k grant bid to improve energy efficiency at the club with solar panels etc. Plans are also afoot for an extension to the clubhouse. He also volunteers as catering manager at the club cooking roast dinners and preparing buffets etc. Having started playing bowls with Clenchwarton in 1998 he now plays for Shouldham and last year represented Norfolk bowls on 4 occasions.

Paul often returns to the village to see family. He misses the community especially his great neighbours and numerous friends. He also misses working within a united Parish Council with one aim; serving and improving the community by listening to what most of the residents were requesting and then taking a positive approach to achieve the aims. It seems clear to me that Shouldham are still benefitting from Paul's enthusiasm as he displays the same DNA that benefited our village in the past. He remains an example to us all: he may be retired but he hasn't stopped making a difference.

DH

(Photograph on page 2)

## *VIEW FROM THE GALLERY*

### **Parish Council Meeting – Wednesday 18TH APRIL**

During April there were two PC meetings, both not on the normal date (first Thursday of month). The publicity of both meetings was poor. The March 7th minutes stated the next meeting is April 18th, yet one took place on April 3rd (a Wednesday). As at May 9th the agenda for the April 18th meeting has not been published on the council website. Facebook users have informed me that neither meeting was publicised on the usual village Facebook sites. That leaves us with the small number of noticeboards in the village where the agenda was placed.

Unsurprisingly, the public gallery was sparse. The Councillor's reports were dominated by reviews. The Wisbech incinerator, West Norfolk carers, broadband, bus stops and Anglian Water were all mentioned. Hopefully the wheels are turning so that we can enjoy what many people across the country already enjoy.

The finance section started off as orthodox but then got exciting. It was queried if the Memorial Hall were overcharging the PC. Then it was queried if the Football club were authorising additional grass cuts on the playing fields (they don't have the authority to do this). Perhaps a couple of phone calls prior to the meeting would avoid these discussions. Working together has to be the mantra moving forward. Finally, the finance section moved to the number of cuts the playing field needed per year and to what length. It was a meandering discussion that at times was confusing.

Village matters had twelve items to be discussed. Getting the tractor roadworthy is getting closer. The pavilion has not always been left in a clean state and it was reported that emergency exits are being blocked. This is preventing the pavilion becoming an attractive hire venue in the future. It was suggested that the PC request that an enforcement officer visits the playing fields one Saturday morning to deter poor parking. Regarding dykes, action will/could be taken against persons who block up the dykes by dumping their rubbish/cuttings etc in them. Following the recent wet weather many residents will welcome this. An award board has been purchased to record the winners of the Villagers of the Year award. The need for a brown sign to direct travellers to the Memorial Hall was also discussed. Little or no progress was made on bus stops, D-day celebrations and the tree on the corner of Station Road. However, plans are already afoot for switching the Christmas Lights on.

Once again the Memorial Hall was discussed in private (the sixth consecutive month) as were the fees for the bowls and football clubs. The 2022 minutes for April, May

(AGM) and July remain unpublished. Effective democracy requires good communication. Let's hope this improves as the year progresses.

Parish Council meeting agendas and minutes are published on the Parish Council website. The acoustics at the Memorial are not ideal to hear every detail, so if you want the official account of the meeting, they can be obtained at <https://clenchwartonparishcouncil.gov.uk>

DH

## WHAT'S ON IN KING'S LYNN

### **HANSEATIC FESTIVAL 1st and 2nd June**

An action-packed weekend of speedboat and jet ski racing is set to return on the South Quay, the historic waterfront at King's Lynn.

The Hanseatic Festival of Water sports will be held in King's Lynn for its third year, as the high-octane water sport event takes to the Great Ouse. Spectators will be able to watch powerboat and jet ski racing, waterski demonstrations, and stunt displays from the quayside.

### **FESTIVAL TOO 29 June - 13 July**

Festival Too is a FREE to attend, unticketed event held in King's Lynn over three weekends, with line-ups including well known acts. The first event is Saturday 29th June King Staithe Square with Entertainment from 8pm followed by Fireworks at 10.30pm.

### **KING'S LYNN FESTIVAL 14 – 27 July**

The King's Lynn Festival offers a wide variety of orchestral concerts, jazz, folk, choral, classical recitals, talks, films, exhibitions and dozens of fringe events every year at venues in King's Lynn. Details from <https://www.kingslynnfestival.org.uk/>

### **FREE ORGAN RECITALS EVERY TUESDAY 12.30pm**

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## The History of Norfolk

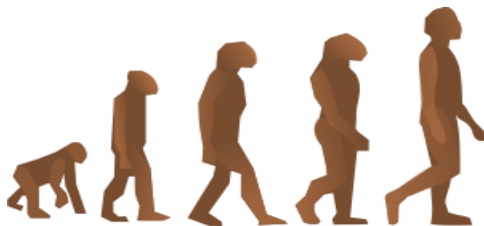
I thought we have had a number of articles re the history of Clenchwarton so this time we will look at a history of Norfolk putting its history and Clenchwarton's history in context in what was happening elsewhere.

It is uncertain when the first humans first stepped on Norfolk soil but it was certainly at least a million years ago. That kind of time span is difficult to get your head round. Consider all the changes that have happened over the last thousand years but this is a million years! Evidence of early man is difficult to find because they did not have fixed dwellings. They were hunter gatherers. The first evidence of man in Norfolk, however, is also the first evidence of man in Northern Europe. It can be found at Happisburgh (pronounced Hayesborough) on the north Norfolk coast. This part of the coast is fast eroding into the North Sea but the erosion is showing, through fossils, glimpses of our past ancient history.

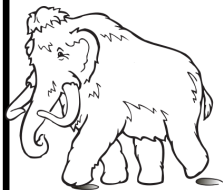
The finds at Happisburgh include human footprints and man made hand-axes and other tools. They date from around 900,000 years ago. At this time a major river flowed into Happisburgh which is thought much later to flow further south and is now the River Thames. Other fossils found from this site include mammoth, extinct horse, vole and elk species and red deer. All these creatures were evidently being hunted by man for food and perhaps clothing. The weather at this time was warm with temperatures slightly warmer than at the present time. It is the climate which has affected early man's ability to survive in Norfolk and elsewhere.

We now jump a considerable period to a time when freezing temperatures saw Norfolk covered in ice – this was between 478,000 and 424,000 years ago. This meant there were no humans in the county and it was the glaciers which helped push the river Thames estuary from Happisburgh to a position closer to its present site. A warmer climate followed which brought back man as well as species no longer seen in this country such as rhinoceros, giant ox, monkeys, lions and elephant species which are now extinct.

Early man



*CONTINUED FROM PREV.PAGE :*



By the time we get to 374,000 years ago the ice age was back and the British Isles were again abandoned. Although there were times when the climate allowed man to return, colder conditions sent him packing again. Around 60,000 years ago Neanderthal man returned to Norfolk to live in a county alongside the woolly mammoth, the woolly rhinoceros, reindeer, horse and bear. It is now that we find evidence in Norfolk of his return and we will find where this evidence can be found next month.

GS



## *Your letters*

### **Views on Parish Council**



I do not normally attend any of the Parish Council Meetings, however I did go to the Annual Parish Council Meeting on Thursday 9th May. I would like to say that I was impressed by what I heard from all those who attended: Mr Hutton from the Bowls Club, Mrs Gipp from the Memorial Hall, and Mr Lucas with his presentation informing us of the work of 'Clenchwarton Community Foundation Trust'. It also sounds to me that the Parish Council have overcome the difficulties that they were originally faced with and are now doing a great job.

It was a shame that more people did not attend the meeting because it would have given them the opportunity to bring up ideas for the Parish Council to consider in the coming years and to let the village know about their different groups in the village. I would like to thank everyone involved in the different activities and groups, whether they attended the meeting or not, for the time that they give in making Clenchwarton a wonderful village to live in.

*(Debra McGowan)*



Tel. 07508 725803

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**On Saturday June 8th** between 10.00am and 3.00pm we have a Craft Fair together with a Have-A-Go-Dog-Agility-Event at Wallington Hall just off the A10 near Runcton Holme. Attractions include more than forty stalls, a children's craft tent, an opportunity to meet and greet one of our lovely ponies and a Pre-Loved Walk-in Wardrobe, where you can purchase men and ladies clothing and accessories at a fraction of the usual price.

The event is undercover with full wheelchair access, free parking and refreshments served all day. Admission is £2.50 for adults (under 16's free) and entry for the Dog's Agility are £2.50. This is surely a modest price for a family day out. Well-behaved dogs on leads are welcome.

**Sunday June 30th** sees the return of the popular Magpie Charity Ride, with off-road rides of varying length, including one for riders on lead rein, in the lovely grounds of Wallington Hall. Visit the Hoofbeats website for details of how to enter.

The Magpie Centre is currently seeking two new mounts: one a 14.2hh riding pony and the other a 15.2hh ride and drive horse. Must be sound and sensible. If you know of any suitable animals, please contact the Magpie Centre on 01553 810202 to discuss.

## ***COUNTY COUNCILLOR REPORT*** by County Councillor Alexandra Kemp

### **A Dental School for West Norfolk**

The recently published Norfolk NHS Long Term Dental Plan has failed to set a goal for a local Dental School and needs to do so now. A Dental School in West Norfolk is the best way to train, recruit and retain Dentists locally, so everyone who wants to, can be on the books of an NHS Dentist. I have written to NHS England again to ask. The College of West Anglia is now training Dental support staff and a Dental School would build on the success of the Nursing School, increase the local skills base and meet the



patient need. Many more NHS Dental contracts need to be let across West Norfolk. Govt need to reform the NHS Dental contract to make practising NHS Dentistry more viable.

The NHS Dental Plan is right to prioritise Children and Young People's access to dental care. The NHS study last year, showed West Norfolk has a high prevalence of tooth decay in 5 year-olds and referrals for extractions for 16-19 year-olds. Poor dental access can lead to heart problems and missed cancer diagnosis.

I have set up a Dental Campaign in Schools to take in free toothbrushes and tooth-paste. The local NHS (ICB) then pledged £20,000 to practices to increase dental prevention work for young people locally.

### **Campaign for Doctors in the Hub**

The powers that be don't get everything right. Since St James Medical Practice, where many Clenchwarton residents are patients - revealed plans in 2015, to move out from Lynn Town Centre to South Wootton, I have campaigned with residents for a replacement surgery, after Clenchwarton Surgery closed. The NHS found funding for a new Surgery in the Division. The Health Hub is now being built on Nar Ouse Way and is due to open in September, and I went on a tour of the new site in January. But now the NHS have dropped a bombshell. There will be Maternity and Physio Outpatients Services - but the plan for doctors in the hub has been dropped. Inexplicable and totally inappropriate. The NHS won't say exactly what Primary Care Services the Health Hub will house, although last year the NHS said there would be Health and Wellbeing Coaches, Dieticians, First Point Physios, Mental Health Practitioners and Nurse Practitioners. It won't be a walk-in centre either. St James patients are now having to travel to the other end of the town to South Wootton, which the new Surgery was supposed to avoid. The current thinking, apparently, is if you live in a deprived area where there are more health inequalities you don't need to see a doctor. But you can if you live in a more affluent area. Doctors are moving out to leafy suburbs and, we are told, don't want to work in deprived wards. What a value-set this Government has!

### **Football for Girls in Clenchwarton**

Young people, parents and carers may be interested to know that Clenchwarton Football Club has just started football sessions for girls at the Pavilion on Hall Road from 5-6 pm on Fridays. At the time of writing, 24 young women have taken this up. Thank you to Ben Hails and his team for extending equal opportunities and activities for young people in the village. Football was an opportunity from which women were excluded when I was at school. Enjoy.

Alexandra

County Division: Clenchwarton and King's Lynn South  
Landline: 01553 630329 / Mobile: 07920 286636

## *NATURE WATCH by DM*

Sadly, today I saw an idiot throw some fish into our village pond. He obviously had no concern for their well being and in his hurry to get rid of the fish, he even managed to throw one on the grass. When I told him that what he was doing was not only illegal but also that it was unlikely that the fish would survive, he obviously didn't care. Although it may appear to be a kind gesture, the release of any fish into the wild is cruel, since predation, starvation, cold or disease will most likely kill them. It is also against the law.

Our village pond is not suitable for fish for a number of reasons: for one thing it has not been properly dredged for a great number of years; it is full of silt, and therefore not very deep; the oxygen level in the pond is very poor especially in hot weather. If the chap who ignorantly dumped his fish in there knew anything at all, he should have been aware of how lack of oxygen in ponds affects fish.

If you have healthy fish in your pond that you do not want, all you have to do is advertise them on any website and someone suitable will happily come along and collect them. According to the Environment Agency people looking to release unwanted pet fish into local ponds and lakes are urged to find alternatives as this can have a devastating impact on native species and the ecosystem.

Ornamental fish such as goldfish and koi carp can carry disease and parasites which can have a devastating effect on coarse fish populations and can have major commercial impacts on fisheries. They should be kept in garden ponds and not transferred into the wild. As well as the risk of disease, goldfish and carp can also interbreed with crucian carp, a threatened species, leaving ponds with hybrid populations. Also, if you are moving fish from one pond to another (or even from one fish tank to another) it is important to move the fish correctly. When buying fish from a retailer the fish are always bagged up, meaning placed in a plastic bag with oxygen added to the bag and the bag tied up. This is important as the air trapped in the bag allows you time to float the fish in your pond or tank, allowing the temperature in the bag containing the fish to match the temperature of the water that the fish will eventually be released into. Once the temperatures between the bag and the pond or tank are the same, the bag is opened and rolled down to allow some of the pond or tank water to mix in with the water in the bag. This should then be left for at least ten minutes and repeated three times before releasing the fish. The importance of floating and releasing the fish correctly cannot be understated. If the fish are just thrown in as our idiot friend did, it can lead to problems of disease and even death. The difference in water temperature can cause problems such as shock or white spot, which can lead to the death of the fish.

All those of you who do fish as a hobby will probably remember a number of years

ago some of the fishing lakes in and around Peterborough and other areas around the country suddenly found themselves having to deal with large numbers of dead fish due to the hot, humid weather causing lack of oxygen in the water. They quickly realised that those lakes where boats and water skiing were also taking place, the fish were unaffected. This was because the water was being agitated by the boats resulting in oxygen being released into the water. To remedy the problem, smaller fishing lakes installed either battery or solar water fountains to oxygenize the water. So if you do not have a pump in your pond, it is always going to be a gamble whether or not your fish survive. Goldfish have a lifespan averaging about 15 or 30 years, longer if well looked after, with Japanese koi often living forty years or longer. The oldest koi fish on record was around 200 years old!



## Puzzle Page

This month it is all about musicals. In which musical did these songs appear? Many have a summery feel.

- 1 June is bustin' out all over.
- 2 Summertime.
- 3 The Surrey with the fringe on top.
- 4 On the street where you live.
- 5 Another suitcase in another hall.
- 6 Overhead the moon is beaming.
- 7 Begin the Beguine
- 8 Any dream will do.
- 9 On my own.
- 10 The Lonely Goatherd.



**Just to help you these are the answers but they are not in the right order!**

The Student Prince/ The Sound of Music/ Porgy and Bess/ Oklahoma/ Les Misérables/ Jubilee/ Joseph and the Amazing Technicolor Dreamcoat/ My Fair Lady/ Carousel/ Evita.

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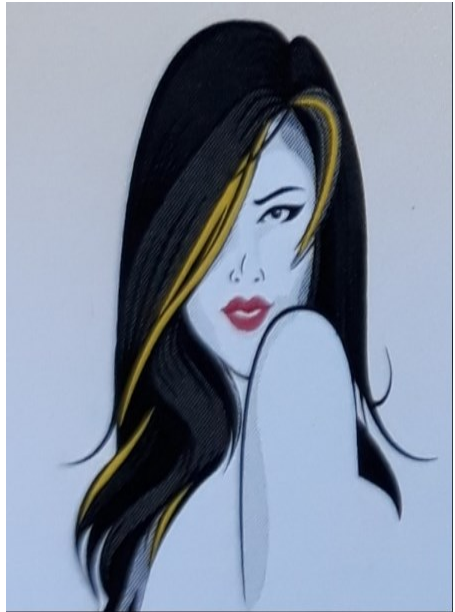
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